

ABSTRACT OF THE DISCLOSURE

An information storage medium according to an aspect of this invention has an information storage area for storing information, and a wobbled track which is used to guide a light beam on the information storage area, and is wobbled in correspondence with a frequency, a phase of which is modulated at predetermined timings to reflect predetermined information. The wobbled track is formed so that an evaluation result based on the frequency characteristics of a squared reproduction signal obtained by squaring a reproduction signal corresponding to the wobbled track, obtained from the reflected light of a light beam with which the wobbled track is irradiated, meets a predetermined evaluation measure.